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PhD in Pharmacy, University of Salamanca, and Research Professor at the Institute of Food Science Research, CIAL (CSIC-UAM). Co-author of more than 100 publications in scientific journals in the area of Food Science and Nutrition. She has been involved in different national and European projects. The results from these projects have been protected in 9 patent applications of which some of them have derived in commercialised products. Main research interests aim to study health implications of the protein fraction of foods, like bioactive peptides and their physiological effect when they are incorporated into functional products. Other research activities include: the development of cost-effective methods to produce functional ingredients and the upgrade proteins by enzymatic hydrolysis, and fermentation to obtain products with enhanced functional and biological properties.